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1. No Dunking during warm-up or the game.
 - a. This is a Technical Foul
 - b. Record Offending Player on Game Sheet for further disciplinary action.
 2. Technical Fouls are treated the same as FIBA Rules
 - a. No longer Automatic disqualification for two [2] Technical Fouls
 3. T-shirts MAY be worn – should be the dominant color of the jersey.
 4. Knee Braces MUST be covered to play. Tensor or sleeve is acceptable.
 5. Jewellery must be removed. No Exceptions!
 6. No handle on violations in the Backcourt.
 7. No stopping of the clock on made baskets in the final 1:59 of the 4th quarter.
 8. Two [2] time outs per half. No carry over.
 9. One [1] minute interval between Quarters.
 10. Five [5] minute interval at Half-time.
 11. As of January 1st, 2009, jersey/t-shirts must have a number on the front and back.
 - a. One player can play without a numbered jersey.
 12. Time outs called by a playing Coach on the floor are okay when the ball is dead.
 13. If High School games run in to EBA game times, shorten the EBA games so both will fit within the allotted time period – that is, out by 11:00pm in most cases. Share the time slots equally.

St. Albert Men's League [STAM]

1. Same rules as above, except:
2. Teams can start games with Four [4] Players.