

## SAPEC League Rules 2021

FIBA RULES WILL BE USED WITH THE FOLLOWING MODIFICATIONS OR CLARIFICATIONS:

1. The SAPEC league will use a Size 6 ball for girls and a Size 7 ball for boys. The league ball will be: Spalding TF 1000
2. **Compulsory** man to man defense for the entire game. **Defenses are allowed to double team the ball handler anywhere on the court.** Zone press is permitted in the **back court.** Once the ball moves across to the front court man to man must be used. (Referee will first give a warning and then a technical foul.) See supplemental sheet on Compulsory man to man Defense.
3. All throw-ins are handled **except** after a basket.
4. Players foul out on five fouls. Technical fouls on individual players count towards their five fouls.
5. **Unsporting Fouls,** all of which involve two shots and position in the front court, top of the three point line. When this happens, the team throwing the ball in, gets 14 seconds on the shot clock the only time you get one shot for an unsporting(unsportsmanlike) foul, is on a made field goal, the shooter gets the basket, and one free throw with his team getting possession.

**Bonus (2 shots) on the 5th team foul every quarter.**

6. No jump ball for held ball. Possession arrow will be used.
7. A shot clock will not be used, but in the event of an obvious stall the referee will warn the offending team and will begin to count down from 10.
8. Time outs should be called by the coach through the scorer's table. Time out granted on next stoppage, or if asked for in time, after the next field goal scored against. Ball is advanced to center in the last two minutes of 4<sup>th</sup> quarter or OT when a time out is called by the team with the ball entitled to throw-in in the back court.
9. Substitutions can be made anytime the ball is dead.
10. Each game will consist of **4- 9 minute stop time quarters.** Half time will be 5 minutes in length. **Overtime** will be **5 minutes running time with stop time during the last minute of play.** If **double overtime** is needed it will be 3 minute run time and the last minute stop time.

11. There are **2 time-outs in the first half and 3 in the second half**. Time outs do not accumulate. One time out per overtime period.
12. **Free Throws:** Maximum of 3 defensive and Maximum of 2 offensive players.
13. **20 points press rule:** When a team has a lead of 20 points, they may not utilize any full court pressure - No press. When a team has a lead of 20 points, they are not allowed to double the ball. Teams will be penalized with a technical foul if they do not comply.
14. **3 point line is in effect.**
15. Teams have **8 seconds** to advance the ball to the front court. A time out **DOES NOT** give you a new 8 seconds.