



## 2021 GOOD Hoops Game Rules & COVID-19 Protocols

### Game Rules

- FIBA Rules (Modified)
- Max 15 mins warm up, minimum 5 mins warm up.
- 1 mins between quarters, 4 mins between halves.
- 4 x 10 min quarters, stop time for last minute of 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> Q & last 2 minutes of 4<sup>th</sup> Q if game within 20 points.
- 2 timeouts in the first half, 3 timeouts in the second half, lose one at 2 min mark.
- Overtime 2 minutes stop time or first to 5 points if running behind (official discretion)

### Coach & Official Responsibilities

We all need to work together to mitigate the risk of COVID-19 spread & keep everyone involved safe. Officials & Coaches will need to ensure sanitation of basketballs and hands is happening.

- Ensure you have no symptoms and not feeling unwell, if you do please stay home and notify Ryan (780-850-3804) or Sunny (780-903-7455) ASAP.
- Athletes, Coaches, and Officials can not attend games/practices if they or any member of their family is exhibiting symptoms of COVID-19, or is awaiting a COVID-19 test result, or has been in contact with someone who is suspected to have COVID-19.
- Please remind athletes to arrive ready to play and to get out of the facility immediately after their game/practice is finished. "Get in, Play, Get out". If they're waiting for rides please advise them to wait socially distanced outdoors.
- Please remind athletes to avoid clearing nasal passages, or to use a Kleenex, to dispose of it & wash their hands immediately after. Remind them to cough and sneeze into their elbow/arm & no spitting.
- Each athlete will need to sanitize their hands before & after getting using their water bottle, or any personal possessions.
- Officials will sanitize the game ball(s) at the end of each quarter and game. Each bench will have a sanitizer for athletes and coaches to sanitize.