

Welcome to the 2022 Club League

This is the inaugural season for the 2022 Club League, the purpose of the league is to provide a competitive environment for athletes in our community to develop and get better. The focus of the league is development & growth of the athletes.

Format & Rules:

1. **FIBA rules will be used for this league. The only modifications are listed below:**
 - a. **Warm up:** Minimum 8 minutes, Maximum 15 minutes.
 - b. **Half-time:** Minimum 5 minutes, Maximum 10 minutes.
 - c. **Timeouts:** 2 in the 1st half, 2 in the 2nd half. They do not carry over if unused. 1 in OT.
 - d. **Zone defences** are not allowed for 13U age groups. Full court pressure must be stopped if the spread is 25 points or greater at all are groups.
 - e. **OT:** 3 minutes, if still tied after the 1st OT, a 2nd OT will be played first to 5 points or winning after 2 minutes.

2. **Unsportsmanlike conduct may result in a technical foul.** Definition of unsportsmanlike conduct: To be unsportsmanlike is to act in a manner unbecoming of a fair, ethical, honourable individual. It consists of (but not limited to) acts of disrespect such as making critical remarks about or to an official or an opponent, or vulgarity such as the use of profanity whether or not directed at someone. A player, coach, scorekeeper, or spectator shall not disrespectfully address an official's decision by rising from the bench or using gestures or enter onto the court unless by permission of an official or to attend an injured player. The referee may end the game if its nature becomes negative, angry, or violent. *Spectators must abide by the same standards as players and coaches.*
 - a. *Any unsportsmanlike behaviour by coaches or athletes will result in a suspension deemed appropriate by the league. Repeated incident by athletes, coaches, and parents/guardians will result in removal from Club League events.*

3. **Tie Breaker Format:**
 - a. Better record in head-to-head competition
 - b. Point Differential (actual not capped)
 - c. If there is a 3 way tie, there will be a coin toss to determine the winner.

4. **Rosters:**

- a. Official rosters need to be submitted by September 20, 2022 with full names, team, and DOB. Rosters can be a maximum of 15 players.
- b. Athletes can not play for more than one program or club and cannot change clubs once rosters have been submitted. If an athlete is playing on 15U & 18U they can play on one team within each
- c. Age Groups/Restrictions:
 - 17U - 17 years old or under, as of December 31, 2022, exception if the athlete is in grade 12 and 18 they can participate within the league.
 - Born 2005 or later.
 - 15U - 15 years old or under, as of December 31, 2022.
 - Born 2007 or later.
 - 13U - 13 years old or under, as of December 31, 2022.
 - Born 2009 or later.