

Edmonton Catholic Schools Junior High Athletic Association
2021-2022 Basketball Rules and Modifications

- Games shall be played according to the current FIBA rulebook!
- Games start 15 minutes after the visiting team arrives or earlier if both coaches so agree, with Officials being present.
- Boys/Girls league games will play **4 nine-minute stop time quarters** with a five minute intermission.
- Overtime- 5 minute quarter(s) to be used until tie is broken.
- **Zone Defense is Not allowed!** Man to Man Play only! (see Zone Defence Clarification below)
- The three point line will be used where available.
- Teams should have matching shirts/sleeves under uniform. These colors may include, all black, all white or dominant color of the team's uniform. If one player chooses to wear a white shirt under the uniform, then any other player(s) wishing to wear a white shirt, they too should be wearing a white one. This rule is lenient at the Junior High level, but is strictly enforced in high school play. Thus it is a good idea and practice to have players pack both a white and black t-shirt. This also goes for any accessories such as wrist and headbands. Headbands of the tie style are not permitted any longer.
- T-shirts are to be worn under the team uniform; torn sleeves are not allowed, and shirts must be tucked into the shorts before coming onto the floor. Players will be asked to tuck in their jerseys during stoppage of play if there is a need.
- No Front court press from the leading team when the score differential is greater than 20 points. Time outs: 2 in the first half,
- 3 in the second half with time outs only being 60 sec in length. Coaches need to notify the table of time outs (Officials will note that table crews are young and inexperienced and may not get the signal in for time outs, thus may call the time out from the floor)
- Officials will be responsible for calling the 24 sec. Violation where shot clocks are not available, giving a verbal 10 count left in the clock.
- There is no rule about running time, so the game proceeds as a normal game even if point spread is greater than 20 points. (see no press rule)

